

# CYF NEWS

## FEBRUARY 2007

# MICHIGAN STATE UNIVERSITY EXTENSION

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### **QUOTE OF THE MONTH**

"The world is a dangerous place to live, not because of the people who are evil but because of the people who won't do anything about it."

—*Albert Einstein*



### **PHYSICIAN PEER EDUCATION PROJECT ON IMMUNIZATION**

Over the past 18 months there have been over 12 changes dealing with immunizations. All of these changes make it difficult for medical personnel to keep up. The Physician Peer Education Project on Immunization (PPEPI) has been vital to the education of members of the medical field. The PPEPI program travels throughout the state of Michigan giving immunization updates to practicing physicians and their staff at Grand Rounds, conferences, medical staff meetings and sometimes right in their own office. In the last fiscal year, the PPEPI program gave close to 100 lectures reaching over 2300 participants. It was a very busy year for the PPEPI program! Our lectures include various topics like Pediatric Immunizations, Adolescent Immunizations, Adult Immunizations, and Vaccines for Women's Health, Influenza Vaccine, Family Practice Immunizations, and Varicella (chicken pox) Vaccine. The PPEPI program relies on 16 physician trainers to complete each of the lectures; these trainers are a very dedicated group of individuals who strive for improved immunization rates throughout Michigan. For more information on the PPEPI program, please contact Traci Osterman at 517.353.6674 or [osterma7@msu.edu](mailto:osterma7@msu.edu).

### **AMERICA SAVES 07 WEEK**

#### **FEBRUARY 25 – MARCH 4, 2007**

Currently, the national savings rate is 0 percent, something that has not occurred since the Great Depression. A recent study, commissioned by Consumer Credit Counseling Service, revealed that overall consumer debt has increased by 38 percent for households at all income levels over the last year. Michigan households are taking on more debt and saving less than ever before.

To combat these startling statistics, Michigan Saves, is organizing our first annual *Michigan Saves Week*, February 25 – March 4, 2007.

*Michigan Saves*, a local offshoot of the America Saves campaign, has made significant progress in the last three years, helping Michigan citizens save money and build wealth.

Federal Reserve Chairman Bernake has encouraged all America Saves campaigns to expand efforts and combat the low savings rate. *Michigan Saves Week* will focus on promoting savings and motivating individuals, particularly those in low-moderate income households, to take FINANCIAL ACTION.

The goal of *Michigan Saves Week* is to disseminate piggy banks to consumers via Michigan State University Extension network which provides educational programming in all 83 counties of the state. We ask that you participate in this campaign by supplying your local Michigan State University Extension office with piggy banks.

Michigan State University Extension Staff will offer the piggy banks to participants of Extension programming the week of February 25 - March 4, 2007.

Please contact me with questions or comments you may have at 517.432.5620. More information on America Saves can be found at [www.americasaves.org](http://www.americasaves.org). Submitted by *Connie Costner*.

#### **NEW STAFF TRAINING**

**March 5 - Nutrition I:** Nutrition I is appropriate for educators and program associates in Food, Nutrition and Health programs. Nutrition I is the first in a series of three sessions that focus on giving new staff basic information on nutrition and ideas for teaching this information to program participants. Nutrition I addresses the following subject areas: identifying participants' needs and interests, teaching through food preparation, MyPyramid, nutrition labeling and planning low-cost meals.

**March 15 – Nutrition II:** Nutrition II is appropriate for educators and program associates in Food, Nutrition and Health programs. Nutrition II is the second in a series of three trainings for new staff. The training includes information about nutrition and ideas and activities for teaching participants. Nutrition II includes information on: nutrients and nutrition-related health issues, food safety, and working with youth audiences in food, nutrition and health.

**March 29 – Nutrition III:** Nutrition III is appropriate for educators and program associates in Food, Nutrition and Health and Building Strong Families. Nutrition III is the third in a series of three trainings for new staff. The training series provides information on nutrition and ideas for teaching participants. Nutrition III covers the following topics: prenatal nutrition, breastfeeding, feeding the infant, young child and preschooler. A one-hour session is included at the end of the day on prevention of nutrition-related chronic diseases and the Dietary Guidelines for Americans. Parenting instructors may

also attend this one-hour session or just register for part of the session.

**April 12th 2007 – Home Visiting:** The Home Visiting training session is appropriate for program associates in nutrition and parenting programs and their supervisors. The session will address effective ways to work with participants in a home-based setting. Discussion will include: identifying barriers to learning and ways to overcome them, confidentiality and proper procedures for handling suspected abuse, ways to deal with difficult situations in participant's homes, ways to develop independence in participants and set boundaries, and preventative personal safety strategies. In addition, this session will include information on recruiting, establishing good relationships with referring agencies, and accurate record keeping.

**April 26<sup>th</sup> – Learn Together Approach:** The Learn Together Approach is appropriate for all FCS staff, educators, and program associates. The "Learn Together Approach" is a method of teaching groups that encourages participants to share their knowledge and experiences. The session discusses the benefits of this method of teaching, provides information on developing lesson plans and conducting sessions using this approach. If you are looking for new ways to work with groups, this session is for you.

#### **BLUE RIBBON Q&A**

**Q.** In preparation for a United Way presentation, I looked at last year's ES-237 Report which tells me the total number of youth in organized 4-H clubs totals 1,244. When I look at last year's Blue Ribbon data files by pulling a report of Members and Cloverbud Members, the total is 1,032. The Utility|Member Charts file by status confirms the 1,032. Why are these numbers different?

**A.** The difference is that the total youth in organized 4-H clubs includes duplicates, e.g., if a Member or Cloverbud Member or Special Member is in more than one organized club, they are counted twice.

**Q.** I'm attempting to link a member to a parent file and am getting a key violation error. I can type in the parent information but when I "link" the member to the parent, I get the message, "tblParentLink: Cannot perform this operation on a closed dataset." What's the problem?

**A.** Go to Utility|Preferences|Default Parent Entry and check the Automatic entry|Ok. This will take care of the error message. It's helpful to review all your Preferences screens before entering data for the new programming year. If you need a refresher on each of the screens you'll find the information in the Blue Ribbon Fundamentals document, pages 3-4. If you don't have a copy you can print one from the Blue Ribbon Updates page located at: <http://web1.msue.msu.edu/msue/cyf/youth/blueribbon/index.html>. The file name is Beginning Training Packet.

**Q.** When are the next campus Blue Ribbon training sessions scheduled?

**A.** Fundamentals will be held on March 6 and ES-237 and Enhanced Features will be on March 7. Both classes will be posted soon on the MSUE InService registration site.



**Deadline for Next Edition of "CYF NEWS"**

March 5, 2007, is the deadline to submit articles for the March 9, 2007, edition of "CYF News." Please submit articles to Gail Hebert at [hebertg@msu.edu](mailto:hebertg@msu.edu)