

CYF NEWS

APRIL 2007

MICHIGAN STATE UNIVERSITY EXTENSION

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QUOTE OF THE MONTH

"A great secret of success is to go through life as a man who never gets used up."

—*Albert Schweitzer*

THE INFANT FEEDING SERIES (TIFS)

A just-released curriculum, TIFS, is part of a collaborative project among several departments at MSU, including Nursing, Food Science and Human Nutrition, Communication, and Family and Child Ecology, in collaboration with MSU Extension. One of the primary objectives of TIFS is development of interventions that can, early on, promote healthy infant feeding practices. This may, in turn, reduce the risk of early childhood obesity.

The TIFS curriculum includes six lessons, a series of five videos to support the lessons, before/after evaluation forms, and a training module. Lessons include:

- How do I feed my baby?
- How can I help my baby develop into a healthy eater?
- What is my baby telling me about eating?
- How does temperament affect how my baby eats?
- How do I talk to others about my baby's feeding needs?
- What is my plan for feeding my baby?

The curriculum, videos, evaluation and training modules are available at the following Web site: <http://www.nursing.msu.edu/tifs>. For questions on the curriculum, please contact: Beth Olson, Ph.D., Assistant Professor & Extension Specialist, Food Science & Human Nutrition, olsonbe@msu.edu. For information on possible training opportunities, please contact your program leader. *Submitted by Karen Martin.*



SAVE THE DATE
Statewide Hunger Conference
Blueprint to End Hunger in Michigan

Tuesday, May 22, 2007, Lansing Center
Lansing, Michigan

8:00 am to 3:00 pm

Workshops:

- Nutrition Programs for your Community
- Easy Nutrition Education for your Clients
- How to help people who need more than just food
- Advocacy 101
- USDA Civil Rights Training
- Stretching your Food Dollar
- The 2007 Farm Bill
- 10 Helpful Fundraising Ideas for your organization
- Collaborative Client Choice Models
- Maximizing Child Nutrition Programs
- How to be an Anti-hunger Ambassador in your Community

First Gentleman Dan Mulhern - Lunch Keynote on
Everyday Leadership

Legislative visits at the State Capitol

A block of rooms at a reduced rate is available through April 21st at the Radisson Inn, downtown Lansing for Monday, May 21.

Go to www.fbcmich.org for more information.
A brochure will be distributed by the end of March.
Call 800.552.4483 for more information.

Submitted by Becky Henne

NEW STAFF TRAINING

April 26th – Learn Together Approach: The Learn Together Approach is appropriate for all FCS staff, educators, and program associates. The "Learn Together Approach" is a method of teaching groups that encourages participants to share their knowledge and experiences. The session discusses the benefits of this method of teaching, provides information on developing lesson plans and conducting sessions using this approach. If you are looking for new ways to work with groups, this session is for you.

BLUE RIBBON Q&A

Q. I've been trying to "clean up" our Blue Ribbon data files and found we have some members who are over 9, but are still coded as Cloverbuds. Is there a way to change these without going to each member screen?

A. Filter the 9-year-olds in Member Query, then do a Select All and then Action|Change Category and select Members, then OK. This step is included in Year-End Processing so once you get the "clean up" done your records will be up-to-date each year.

Q. In the fall, a silent auction is held during our picnic. Many 4-H clubs received donations from individuals and businesses. When I fill out a volunteer group enrollment form for this event, would a business be considered an "indirect volunteer?" Would they be reported as "1." For instance, there were 72 items donated, would that be 72 indirect volunteers reported for the event – some are duplicates, of course?

A. No, a business or donor to something like an auction is not an indirect volunteer. They are donors to the program. An indirect volunteer would be someone who serves on an advisory group, taskforce or focus group for the program to give input on activities or issues, or perhaps helps with a project but does not have direct interaction with participants. A business, funder, foundation, etc. who provides items for support of auctions, etc. would not be considered an indirect volunteer.



Deadline for Next Edition of "CYF NEWS"

May 7, 2007, is the deadline to submit articles for the May 11, 2007, edition of "CYF News." Please submit articles to Gail Hebert at hebertg@msu.edu