

Watch Me Grow

Healthy, Happy and Strong!

A 2003-2004 CALENDAR for MICHIGAN FAMILIES

Available in English and Spanish!



Being a parent is a tough job! Often parents do not know who to turn to for information about parenting, nutrition, safety and many other issues that arise in families. **Now there is something to help!** The **Watch Me Grow** calendar is targeted specifically for families in Michigan. It is an informative calendar which promotes the health and well-being of families and helps build support networks by sharing information about effective programs and resources.

The 2003-2004 **Watch Me Grow** calendar is an important resource for families. This 24-month calendar — which begins in January 2003 and continues through December 2004 — includes activities for parents and children, important telephone numbers, the updated immunization schedule, and a space on the back for local agency information.

TO ORDER, send form to: **Family & Consumer Sciences
Michigan State University Extension
240 Agriculture Hall
East Lansing, MI 48824-1039**

Or fax to: **(517) 353-4846**

QUESTIONS: Call Jodi Spicer at **(517) 353-9359**

PLEASE NOTE: Calendars will be distributed after December 1, 2002.

QUANTITY	TITLE/DESCRIPTION	UNIT PRICE	TOTAL PRICE
	Watch Me Grow-Healthy, Happy and Strong! 2003-2004 Calendar — English Version	\$1.00	
	Watch Me Grow-Healthy, Happy and Strong! 2003-2004 Calendar — Spanish Version	\$1.00	

All prices include shipping and handling. Allow 2-4 weeks for delivery.

PAYMENT METHOD:

Payment Enclosed: Make checks payable to **Michigan State University**

Bill My Organization

BILLING ADDRESS (IF DIFFERENT):

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Organization _____

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TELEPHONE #: () _____

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