



A Cooking School Program
for People with Diabetes and Their Families

Offered by:

Michigan State University Extension—Hillsdale Co.

Dates: April 2, 9, 16 and 30, 2009 (attend all four sessions)

Where: MSU Extension Office, 20 Care Drive, Suite B, Hillsdale

Cost: \$50.00 per person or \$60.00 for two in the same family
(includes notebook, recipes and taste testing)

Instructor: Jeannie Nichols, MSU Family and Consumer Extension Educator

Time: 10 a.m. to Noon

Registration Required

(Seating limited)

If you have further questions contact Jeannie Nichols at 517/439-9301

Tear and return with your check

Dining with Diabetes/ April 2, 9, 16 and 30, 2009

Name(s): _____

Address: _____ City/Zip _____

Phone: _____ Number attending _____ @ \$50.00 per person/\$60.00 for two in
same family

Enclosed: \$ _____ Make check payable to: **MSU Extension—Hillsdale Co.**
and mail to: MSUE—Hillsdale Co., 20 Care Dr., Suite B, Hillsdale, MI 49242

Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, disability, age, religion, political beliefs, sexual orientation, marital status, or family status.

Accommodations for person with disabilities may be requested by calling Jeannie Nichols at the MSU Extension—Hillsdale Office at 517/439-9301 by March 26th to ensure sufficient time to make arrangements. Requests received after this date will be met when possible.