

# THE GUIDE TO MICHIGAN 4-H YOUTH DEVELOPMENT



## PERFORMING ARTS

**(General, Clowning, Creative  
Writing, Dance, Drama  
& Theater, Music)**

**A** 4-H performing arts project can activate all your senses. Give kids the chance to explore and express themselves creatively. Watch your members unfold as they dance, clown and experience drama. Choose your favorite art form and share it with kids. Your 4-H'ers can be community stars, sharing their project with other kids, at retirement homes and in local parades.

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**KEEP THESE IN MIND . . . .**

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*As you work with young people, please keep these valuable resources in mind.*

**“Michigan 4-H Today”**

*Michigan 4-H Today* is a newsletter providing youth development news and event information for the Michigan 4-H community. Issues include an 8- to 12-page, tabloid-size publication (*Michigan 4-H Today*) published every fall and four topical newsletter supplements (*Michigan 4-H Today In Focus*) that are distributed online as inserts in county newsletters throughout the year. The newsletter, which is sent to volunteers across Michigan, features articles and photographs related to youth development issues, project news and activities, upcoming events and new 4-H resources. Visit *Michigan 4-H Today* on the Internet at <http://www.msue.msu.edu/cyf/youth/M4HTD/>.

**The Developmental Stages of Kids**

As you work with young people, it's important to keep in mind the many changes they're going through (including physical, thinking, social and emotional changes) and the kinds of issues these kids are facing in their everyday lives. Refer to these sections of the *Guide to Michigan 4-H Youth Development* to learn more about resources designed to help you provide learning environments that are safe, appropriate, healthy and fun:

- Five- to Eight-Year-Olds – the Kaleidoscope materials
- Early Adolescents (aged 9 to 14) – the Help Me – I'm Growing Up! Understanding Early Adolescents materials
- Older Youth (aged 15 to 19) – the Peer-Plus, Group Dynamite and Youth Experiencing Action materials

For insight into the needs and interests of young people, you can also visit *Ages and Stages of Child and Youth Development: A Guide for 4-H Leaders* on the Internet at <http://www.agcom.purdue.edu/AgCom/Pubs/NCR/NCR-292.html>. The guide discusses the physical, thinking, social and emotional characteristics that are common to children at each age level. “Ages and Stages” (NCR292) was written by Jeanne Karns, graduate assistant, and Judith A. Myers-Walls, Extension specialist, Human Development, Department of Child Development and Family Studies, Purdue University.

**Improving the Communications Skills of Young People and Adults**

People in a position to know – school officials, employers and employees – agree that good communications skills are essential for young people and adults. The *Communications Toolkit: Fun, Skill-Building Activities to Do With Kids* (4-H 1560) will help you help the young people with whom you work develop and improve their communications skills. The toolkit is designed for individuals who work with young people aged 12 and up and want fun, easy and meaningful communication activities to use with clubs and in classrooms, camps, after-school programs or other settings where kids come together. In the toolkit, you'll find background information for group leaders, hands-on activities, handouts and other resources that will help kids build on their skills in public speaking, writing, graphics, and video, media and technology. (172 pages, Michigan 4-H, 2000)

**4-H Club & Group Development**

Many 4-H experiences take place within the 4-H club or group setting. If you're interested in learning more about how clubs and groups can operate and the various officer and committee roles that young people can have within a club or group, refer to the Club and Group Development section of the *Guide to Michigan 4-H Youth Development*.

**Volunteer Development**

Volunteers can be positive role models for the young people they work with. If you'd like to learn more about fulfilling your potential as a volunteer, refer to the Volunteer Development section of the *Guide to Michigan 4-H Youth Development*.

# PERFORMING ARTS – GENERAL

## RESOURCES – GENERAL

### OTHER RESOURCES

*The resources listed below may provide more information in this project area.*

#### Organizations

##### Michigan Alliance for Arts Education (MAAE)

1514 Wealthy St. SE., Suite 214  
Grand Rapids, MI 49506  
616-459-3555

- Works to include the arts in all aspects of education and learning. Primary task is to support groups (such as schools and 4-H) that work with K–12 graders in arts education.

##### Michigan Association of Community Arts Agencies (MACAA)

122 Harvard Plaza  
29350 Southfield Rd.  
Southfield, MI 48076  
810-559-4636

- Works to develop strong arts organizations as a way to make the arts part of local communities. Has a regional network to encourage arts groups and other community organizations (such as 4-H) to work together. Call the regional office (listed here) that covers your county.

##### Region 1: Suomi College Finnish-American Heritage Center

601 Quincy St.  
Hancock, MI 49930  
906-487-7376  
Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft Counties.

##### Region 2: Cheboygan Area Arts Council

403 Huron St., P.O. Box 95  
Cheboygan, MI 49721  
616-627-5432  
Alcona, Alpena, Antrim, Benzie, Charlevoix, Cheboygan, Crawford, Emmet, Grand Traverse, Iosco, Kalkaska, Leelanau, Manistee, Missaukee, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon, Wexford Counties.

##### Region 3: Bay Arts Council

811 Saginaw St.  
Bay City, MI 48708-5671  
517-893-0343  
Arenac, Bay, Clare, Genesee, Gladwin, Gratiot, Huron, Isabella, Lapeer, Midland, Saginaw, Sanilac, Tuscola Counties.

**NOTE:** There is no Region 4.

##### Region 5: Dearborn Community Arts Council

13615 Michigan Ave., 4th Floor  
Dearborn, MI 48126  
313-943-3095  
Macomb, Monroe, Oakland, St. Clair, Wayne Counties.

##### Region 6: East Lansing Recreation & Arts

300 Bailey St.  
East Lansing, MI 48823  
517-337-4442  
Clinton, Eaton, Hillsdale, Ingham, Jackson, Lenawee, Livingston, Shiawassee, Washtenaw Counties.

##### Region 7: Arts Council of Greater Kalamazoo

200 W. Kalamazoo Ave.  
Kalamazoo, MI 49007  
616-342-5059  
Allegan, Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, Van Buren Counties.

##### Region 8: Newaygo County Council of the Arts

1041 W. Main St.  
Fremont, MI 49412-1420  
616-924-4022  
Ionia, Kent, Lake, Mason, Mecosta, Montcalm, Muskegon, Newaygo, Oceana, Osceola, Ottawa Counties.

##### Michigan Council on Arts & Cultural Affairs (MCACA)

1200 Sixth St.  
Detroit, MI 48226-2461  
313-256-3731  
• Offers grant money and technical assistance for arts activities. Helps find artists and design educational programs.

##### Michigan Traditional Arts Program

Michigan State University Museum  
Michigan State University  
W. Circle Dr.  
East Lansing, MI 48824-1045  
517-355-6511  
• Works for cross-cultural understanding through documentation, preservation and presentation of folk arts and folklife in Michigan.

## ● RESOURCES – GENERAL (CONTINUED)

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### **New Initiatives for the Arts (NIFTA)**

200 Waters Bldg.  
Grand Rapids, MI 49503  
616-456-5118

- Identifies minority visual and performing artists to present in underserved communities in Michigan.

### **Touring Arts**

Midland Center for the Arts  
1801 W. St. Andrews  
Midland, MI 48640  
517-631-5930

- Provides two publications: an artist directory of visual and performing artists in Michigan, and ways to secure grant money to bring these artists to Michigan communities.

### **Very Special Arts/Michigan (VSAMI)**

821 W. Eleven Mile Rd.  
Royal Oak, MI 48067-2447  
810-546-9298

- Provides art experiences for children and adults with disabilities.

### **Other Resources:**

- Community theater groups
- Costume stores
- Drama, music, dance teachers
- Libraries
- Magic shops
- Professional clowns
- Toy stores

## **P**ERFORMING ARTS – GENERAL

### ▲ THE INTERNET

When you're looking for resources related to your kids' interests, remember to check the Internet. Each section of the *Guide to Michigan 4-H Youth Development* contains suggested search words and terms you can use at an Internet search engine site to begin locating resources. One great starting point for your visit to the Internet is the Michigan 4-H Youth Programs site:

<http://www.msue.msu.edu/msue/cyf/youth/index.html>

Some sections of the Guide list specific World Wide Web sites for you to visit. The URL (Universal Resource Locator) or address of each site is given in brackets < > after the site name. The listings that contain URLs or addresses for Web sites were accurate at the time of this writing, but URLs, like most things on the Web, change constantly. If a URL doesn't work, use a search engine to find the site's current location. Remember, this information is for education and fun only! Reference to commercial products or trade names does not imply endorsement by Michigan State University Extension or bias against those not mentioned.

If you don't have ready access to a computer and modem, check with your local library, school or community college, computer user groups, computer stores or your county MSU

Extension office. They may be able to help you find a way to connect your 4-H group to the online world. Ask the kids you work with, too! Chances are they're already in touch with "cyberspace."

#### **HELP KIDS BE SAFE ON THE WEB**

*You click on something, and then on something else, and before you know it, you're somewhere altogether different...*

The World Wide Web and other parts of the Internet can be fun, fascinating and informative. But there are parts of the Internet that aren't appropriate for kids. You can help protect the kids you work with as they venture online by monitoring their computer use, visiting the Web sites they visit and staying in touch with what they're doing.

#### **Staying Street Smart on the Web**

URL: <<http://www.yahooligans.com/docs/safety/index.html>>

This page of the popular "Yahooligans" site contains Web safety advice for kids and parents, and a pledge for Web-surfing kids. It links to several sites that allow you to download software to filter out objectionable material on the 'Net.

#### **KEYWORDS & SEARCH TERMS**

*The following terms could help you start a search of the Internet related to working with young people in this project area:*

- Acting
- Actor
- China dance
- Clowning
- Clowns
- Creative movement
- Creative writing
- Creativity
- Dance
- Drama
- Drumming
- Folk dance
- Imagination
- Jugglers
- Juggling
- Magic
- Magicians
- Mime
- Movement
- Musicians
- Performing arts
- Puppeteers
- Puppetry
- Puppets
- Stagecraft
- Storyteller
- Storytelling
- Theater
- Theater arts

# PERFORMING ARTS – CLOWNING

## RESOURCES – CLOWNING

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### OTHER RESOURCES

*The resources listed below may provide more information in this project area.*

#### Organizations

##### Clowns of America International Inc.

P.O. Box 6468  
Lee's Summit, MO 64064-6468

##### World Clown Association

Administrative Office  
P.O. Box 1413  
Corona, CA 91718

#### Supplies

##### Clown World

Georgia Morris  
4234 Woodworth Ave.  
Holt, MI 49942  
(517) 694-7100

##### Crown Magic & Fun Shop

4202 E. Ten Mile Rd.  
Warren, MI 48091  
(810) 755-9181

##### Freckles Theatrical & Clown Supplies

5509 Roosevelt Blvd.  
Jacksonville, FL 32244  
(904) 388-5541

##### Theatriks

1505 Plainfield, NE  
Grand Rapids, MI 48046  
(616) 363-4259

#### Books

**Basic Circus Skill**, by Wiley. Stockpole Books, Harrisburg, Pennsylvania, 1974.

**Be a Clown**, by Turk Tipkin. Workman Publishing Co., 1989.

**The Book of Clowns**, by George Speaight. McMillan Publishing Co., 1980.

**Circus Techniques**, by Hovey Burgess. Crowell, New York, 1977.

**Clown**, by Emmett Kelly. Prentice Hall, 1954.

**Clown Act Omnibus**, by Wes McVicar. 1978.

**Clown Characters**, by Al Fast. Holt, Michigan.

**Clown for Circus and Stage**, by Mark Stolzenberg. Sterling Publishing Co., 1982.

**The Clown in You: A Basic Textbook**, by Richard "Snowflake" Snowberg. Visual Magic Co., 1982.

**Clowning for Children**, by Richard "Snowflake" Snowberg. Sterling Publishing Co., 1982.

**Creative Clowning**, by Bruce Fife et al. Java Publishing Co., 1988.

**Dewey's Balloon & Clown Notebook**, by Ralph Dewey. 1981.

**Handtalk**, by Charlip & Miller. New York: Parents' Magazine Press, 1974.

**Here Come the Clowns**, by Clarice Moon, Merriweather Publishing, 1976.

**Magic for the Millions**, by Greer Marchal. Thomas Yoseloff, 1957.

**Pantomime: Elements & Exercises**, by David Alberts. University Press of Kansas, 1971.

## ● RESOURCES – CREATIVE WRITING

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### *OTHER RESOURCES*

*The resources listed below may provide more information in this project area.*

#### **Books**

**The Creative Journal for Children: A Guide for Parents, Teachers & Counselors**, by Lucia Capacchione, Shambhala Publications Inc., Boston, Massachusetts, 1982.

**If You're Trying to Teach Kids How to Write, You Gotta Have This Book**, by Marge Frank. Incentive Publishing Inc., 1979.

**Mirror Images: Teaching Writing in Black & White**, by Joan Krater, Jane Zeni and Nancy Devlin Cason. Heinemann, Portsmouth, NH, 1994.

**Write Me a Poem**, by Lorraine Wilson. Heinemann, Portsmouth, New Hampshire, 1994.

● **RESOURCES – DANCE**

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**OTHER RESOURCES**

*The organizations listed below may provide more information in this project area.*

**Organizations**

**Michigan Dance Council**

Wayne State University  
125 Matthai Bldg.  
Detroit, MI 48202  
313-577-6155

- Works with educators to develop, support and preserve all forms of dance.

**Books**

**Dance for Young Children: Finding the Magic in Movement**, by Sue Stinson. The American Alliance for Health, Physical Education, Recreation and Dance, Reston, Virginia, 1988.

**Moving From Within**, by Alma M. Hawkins. A Capella Books Inc., Pennington, New Jersey, 1991.

**Playdancing**, by Diane Lynch Fraser. Princeton Book Co., Pennington, New Jersey, 1991.

**Rhythms & Dance for Elementary Schools**, by Dorothy LaSalle, ed. Ronald Press, New York, 1951.

**Telling Stories Through Movement**, by Margery Dorian and Frances Gulland, eds. Fearon, Belmont, California, 1974.

## **P**ERFORMING ARTS – DRAMA & THEATER

### ■ PUBLICATIONS – DRAMA & THEATER

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#### **4-H PUBLICATIONS**

*The following 4-H publications are available from your county MSU Extension office. They are listed in numerical order.*

#### **4-H 1555 Theatre Arts Adventures 1: Journey Into the Imagination**

The activities in “Act 1” of this series introduce kids to acting, puppetry and stagecraft. They’ll learn to move in fun ways, create a play and much more. Kids will learn things they can use all their lives, such as communicating with others, expressing themselves, making decisions and solving problems. This bulletin is designed for kids in grades K–2, but kids of any age can use it, too, based on their project skills and expertise. (36 pages, 4-H Cooperative Curriculum System, 1997)

#### **4-H 1556 Theatre Arts Adventures 2: Soaring Into Action**

“Act 2” offers new challenges and opportunities to explore a wide range of activities related to theater arts. The bulletin is designed for kids in grades 3–5, but kids in any grade can use it after completing Act 1. (36 pages, 4-H Cooperative Curriculum System, 1997)

#### **4-H 1557 Theatre Arts Adventures 3: Quest for Expression**

Kids using “Act 3” are encouraged to give presentations, join theater arts organizations, organize theater arts project meetings, exhibit at a fair, or judge a theater arts presentation. This bulletin is designed for kids in grades 6–8, but kids in any grade can use it after completing Acts 1 and 2. (36 pages, 4-H Cooperative Curriculum System, 1997)

#### **4-H 1558 Theatre Arts Adventures 4: Voyaging Beyond**

Kids using “Act 4” are encouraged to make a puppet, present a play, give a demonstration, join theater arts organizations, audition for play parts, organize theater arts project meetings or volunteer with community theater groups. This bulletin is designed for kids in grades 9–12, but kids in any grade can use it after completing Acts 1, 2 and 3. (36 pages, 4-H Cooperative Curriculum System, 1997)

#### **4-H 1559 Theatre Arts Adventures Helper’s Guide: Guiding the Journey**

This helper’s guide provides additional group activities that can be adapted to the family, classroom or youth groups. It also contains essential information about life skill development, characteristics of young people at different ages, and sidecoaching suggestions and answers to help volunteers with the youth guide activities. (36 pages, 4-H Cooperative Curriculum System, 1997)

# PERFORMING ARTS – DRAMA & THEATER

## RESOURCES – DRAMA & THEATER

### OTHER RESOURCES

*The resources listed below may provide more information in this project area.*

#### Organizations

##### Community Theatre Association of Michigan

3985 Grand Haven Rd., 103A  
Muskegon, MI 49441  
616-798-7477

##### Theatre Alliance of Michigan

1008 Ferdinand  
Detroit, MI 48209  
313-877-8077

- Complete list of Michigan resources for theater educators, including community theaters, children's theaters, colleges and universities with theater programs, sources for theatrical supplies, Michigan playwrights.

#### Books

**Act Now! Plays & Ways to Make Them**, by Nellie McCaslin. S.G. Phillips, New York, 1975. (Good for helping children prepare a play for performance.)

**Creative Drama & Music: Introductory Activities for Teachers K-8**, by Janet Rubin and Margaret Merrion. Ginn Press, Needham Heights, Massachusetts, 1991. (Exercises and activities in drama and music by Michigan authors.)

**Creative Drama Book: Three Approaches**, by Judith Kase-Polisini. 1989. (An in-depth look at the field of creative drama as an art, fundamentals of drama and creativity.)

**Creative Drama for the Classroom Teacher**, by Ruth Heinig and Lyda Stillwell. Prentice-Hall, Englewood Cliffs, New Jersey, 1992. (A comprehensive sourcebook by Michigan authors.)

**Creative Drama in the Classroom**, by Nellie McCaslin. Longman Inc., New York, 1984. (A helpful book full of practical suggestions on how to make creative drama work.)

**Drama Structures**, by Cecily O'Neill and Alan Lambert. 1982. (A teacher's manual providing 15 developing structures on different themes.)

**Drama With Children**, by Geraldine Brain Siks. Harper & Row, New York, 1983. (Best if referred to after some exposure to creative dramatics.)

**Dramatic Imagination**, by Jerneal Cranston. Interface California Corporation, Eureka, California, 1975. (Over 100 well-explained exercises and 20 lesson plans.)

**Give Them Roots & Wings**, Dorothy Schwartz and Dorothy Aldrich, eds. American Theatre Association, Washington, D.C. 1972. (Easy-to-follow creative drama lessons.)

**Improvisation for the Theater**, by Viola Spolin. Northwestern University Press, Evanston, Illinois, 1963. (The most comprehensive book to date on improvisation.)

**Making Sense of Drama**, by Jonathan Neelands. 1984. (Includes planning and evaluating drama lessons, lesson plans and teaching techniques.)

**Playbuilding: A Guide for Group Creation of Plays With Young People**, by Errol Bray. Heinemann, Portsmouth, New Hampshire, 1994.

**Teaching Drama**, by Norah Morgan and Juliana Saxton. 1987. (A practical guide for teaching drama including techniques and strategies focusing on teaching in role.)

**Teaching Young Playwrights**, by Gerald Chapman. Heinemann, Portsmouth, New Hampshire, 1991.

**Theater Games for the Classroom: A Teacher's Handbook**, by Viola Spolin, Northwestern University Press, Evanston, Illinois, 1986. (Hundreds of clearly described theater games.)

**Two Hundred Plus Ideas for Drama**, by Anna Scher and Charles Veral. Heinemann Educational Books, London, England, 1981. (Games, verbal exercises, warmups, mime and movement.)

**Using Creative Drama Outside the Classroom**, by Roberta Nobleman. New Plays, Rowayton, Connecticut, 1974. (Teaching creative drama in nontraditional spaces and places.)

**P**ERFORMING ARTS – DRAMA & THEATER

● **RESOURCES – DRAMA & THEATER (CONTINUED)**

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*Puppetry*

**Art of the Puppet**, by Bill Baird. Plays Inc., Boston, Massachusetts, 1966.

**Paper Masks & Puppets**, by Ron Feller and Marsha Feller. The Arts Factory, Seattle, Washington, 1985.

**Puppet Shows Using Poems & Stories**, by Laura Ross. Lothrop, Lee & Shepard, New York, 1970.

**Puppetry: A Tool for Teaching**, by Jeffrey Peyton and Barbara Koenig. P.O. Box 270, New Haven, Connecticut, 1973.

**Puppets & Masks**, by Albert Boekholt. Sterling Publishing Co. Inc., New York, 1981.

**Puppets: Methods & Materials**, by Cedric Flower and Alan Fortney. Davis Publications Inc., Worcester, Massachusetts, 1983.

## **P**ERFORMING ARTS – MUSIC

### ● **RESOURCES – MUSIC**

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#### ***OTHER RESOURCES***

*The resources listed below may provide more information in this project area.*

#### **Books**

**Creative Drama & Music: Introductory Activities for Teachers K-8**, by Janet Rubin and Margaret Merrion. Ginn Press, Needham Heights, Massachusetts, 1991.

**Making Simple Musical Instruments**, by Bart Hopkin. Lark Books, Altamont Press, 1995.

**Music & Young Children**, by Francis Webber Aronoff. Turning Wheel Press, New York, 1984.