

TRAINING MANUAL FOR MICHIGAN 4-H

OUTDOOR ADVENTURE CHALLENGE



Section: INSTRUCTOR REQUIREMENTS



INSTRUCTOR REQUIREMENTS SECTION CONTENTS

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4-H OUTDOOR ADVENTURE CHALLENGE INSTRUCTOR CERTIFICATION

The 4-H Outdoor Adventure Challenge Program employs the following standards for certifying candidates to be instructors in its programs:

- The potential instructor has completed at least one year of working with a 4-H Outdoor Adventure Challenge Club after having been certified a 4-H Outdoor Adventure Challenge Leader.
- The potential instructor should have leader certification in the area in which he/she is seeking instructor specialty certification.
- The potential instructor fills out the instructor trainer application and submits it the State OAC Coordinator.
- The potential instructor completes a prescribed course of study and leadership experiences in the specialty area in which he/she wishes to become an instructor. This would include satisfactory completion of three leader training sessions as a specialty instructor-in-training, supervised by an already certified specialty instructor(s):
 - Observation, in which the instructor-in-training participates and observes
 - Co-instructing, in which the instructor-in-training carries out the planning and implementation of the training weekend as determined by the instructor(s)
 - Leading instructing, in which the instructor-in-training carries out the planning and implementation of the training weekend, under supervision of the chief instructor with critique.
 - A minimum of one year's experience as an instructor-in-training, which involves actively instructing during at least four training weekends.
 - The potential instructor must have current certification in both CPR and First Aid.
 - The mentoring instructors fill out an evaluation form (Figure 2) for each weekend.
 - The Instructor-in-Training submits the completed evaluation card to the State 4-H Outdoor Adventure Challenge Instructor Team for final approval.

**4-H OUTDOOR ADVENTURE CHALLENGE
Instructor Training Application**

Name: _____

County: _____

Address: _____

Home Phone: (____) _____

City: _____ State: _____ Zip: _____

Work Phone: (____) _____

List experiences you have had working with youth. Please include your work with your 4-H Outdoor Adventure Challenge club, as well as any other youth you have worked with.

List experiences you have had with adults in educational settings.

Why do you want to be a 4-H Outdoor Adventure Challenge Instructor? In which specialty?

List any experience or training you have had in the specialty area. Also, list any other experiences or training you have had in related wilderness activities and in communication and teaching skills.

You may attach additional pages to more fully explain any of the above questions.

**MICHIGAN 4-H OUTDOOR ADVENTURE CHALLENGE
INSTRUCTOR CERTIFICATION RECORD AND HEALTH STATEMENT**

Name: _____ County: _____ Date Started: _____

Address: _____ Home Phone:(____) _____ Date Certified _____

City/State/ZIP _____ Email: _____ Card & Patches _____

Do you have any chronic health problem or illness? Yes No If yes, explain _____

Is there any acute illness now present? Yes No If yes, explain _____

Has one recently been treated? Yes No If yes, explain _____

List any medications now taken for treatment of medical problem: _____

Are there any allergies to medication or local anesthetics? Yes No If yes, explain _____

Are there any other allergies? _____

Date of last Tetanus shot: _____ Blood type: _____

Policy Holder's Name and Address _____

Policy Group # _____ Contract # _____

HMO/PHP emergency treatment authorization phone number _____

I hereby give my approval for treatment of any medical problems that arise (if 18 years or under, parents or legal guardian must sign)

Signature _____ Date _____

| Training Observation Session | Training Dates | Helping/Teaching Rating 1-5 | Instructor |
|-------------------------------------|-----------------------|------------------------------------|-------------------|
| Orientation | | Poor [1...2...3...4...5] Super | |
| Comments: | | | |
| Backpacking | | Poor [1...2...3...4...5] Super | |
| Comments: | | | |
| Canoeing | | Poor [1...2...3...4...5] Super | |
| Comments: | | | |
| Caving | | Poor [1...2...3...4...5] Super | |
| Comments: | | | |
| Kayaking | | Poor [1...2...3...4...5] Super | |
| Comments: | | | |
| Rock Climbing & Rappelling | | Poor [1...2...3...4...5] Super | |
| Comments: | | | |
| Winter Camping | | Poor [1...2...3...4...5] Super | |
| Comments: | | | |

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